

**Macula and Diabetic Eye Center**  
**Peter G. Livingston, M.D.**

**Consent for Dilation Drops**

Dilating drops are used to dilate or enlarge the pupils to allow Dr. Livingston to get a better view of the inside of your eye. In fact, it is unlikely that Dr. Livingston will be able to properly address any retinal/vitreous disease you may have without dilation. Therefore, you should expect one or both eyes to be dilated with each visit here. We do not use "reverse dilation" drops because their reversal effect is incomplete, and there is a low risk of retinal detachment associated with these.

Dilating drops frequently blur your vision for a length of time which varies from person to person and may make bright lights bothersome. It is not possible for us to predict how much your vision will be affected. Because driving may be difficult immediately after examination, it's best if you make arrangements not to drive yourself. You must also take extra care with walking and other tasks, as your depth perception and contrast sensitivity may be temporarily impaired.

**Adverse reactions:** Acute angle-closure glaucoma may be triggered from dilating drops. This is extremely rare and treatable, but requires immediate medical attention. Dilating drops can also cause a temporary increase in your blood pressure, and should be used cautiously in people with allergies to drop preservatives.

I hereby authorize Dr. Livingston or his assistants to administer dilating eye drops on this visit and all subsequent visits as deemed necessary. If I cannot be dilated on a given visit, I will inform Dr. Livingston or his staff at the beginning of the examination before dilating drops are placed in my eyes.

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Patient (or person authorized to sign for patient)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date